

NAME:

ADDRESS:

PHONE:

EMAIL:

PAYMENT RECEIVED:

AMOUNT:

_____ CASH CHEQUE

DATE:



PLEASE REGISTER ME FOR:

FULL PROGRAM - \$595

INDIVIDUAL COURSES - \$65 EACH

6F01 6F05 6F09

6F02 6F06 6F10

6F03 6F07 6F11

6F04 6F08 6F12

REFUND POLICY

15 DAYS PRIOR TO COURSE - FULL REFUND
LESS THAN 15 DAYS 80% REFUND

REGISTRATION

ONE FULL DAY \$65.
FULL PROGRAM (12 DAYS) \$595.

Bursaries are available for low-income families, please contact ArZeena Hamir foodsecurity@richmondprc.org if you are interested in applying.

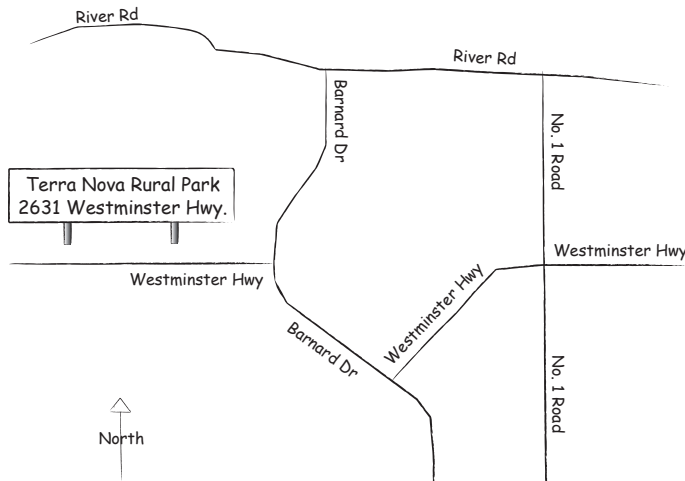
Cheques to be made out to the Richmond Food Security Society (RFSS) and can be mailed to the Richmond Food Bank at #100 - 5800 Cedarbridge Way, Richmond, BC

Morning classes run from 9 to noon and afternoon classes run from 1 to 4pm

LOCATION

Classes will be held in the red barn at:

Terra Nova Rural Park
2631 Westminster Hwy Richmond



This program is sponsored by:



GROWING FOOD 101



A 12-WEEK
INTENSIVE COURSE
ON GROWING FOOD
IN THE CITY
SPRING / SUMMER
2009



Richmond
Food
Security
Society

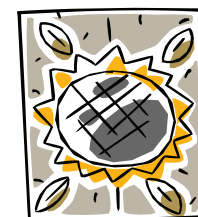
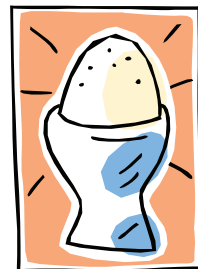
A FOOD GARDEN is a wonderful source of local, organic food. At the same time, it is a statement to the rest of the community that growing food is an essential activity. For any would-be gardener who would love to hone their skills, or even start from scratch, come and learn how to grow food at the Sharing Farm in Terra Nova, Richmond.

The Richmond Food Security Society is currently offering a 12 week intensive course - Growing Food 101. All workshops are both classroom-based and hands-on. Classes are taught by both local farmers and experts in their fields and are designed for both beginner and intermediate gardeners who would like to improve their vegetable growing skills.

The Sharing Farm's unique 2-acre property is a vibrant, living classroom. It includes an organic vegetable farm, hazelnut orchard, open fields, and woodlot. Facilities include a greenhouse, polytunnels, solar power systems, and a community kitchen.

COURSES

GF101 MULLINIX	MAY 16	AM PM	SOIL - UNDERSTANDING YOUR BIGGEST ASSET MANURE, COMPOST + OTHER FERTILIZERS
GF102 SWITZER	MAY 23	AM PM	PLANNING THE GARDEN STARTING SEEDS POTTING UP + TRANSPLANTING
GF103 SWITZER	MAY 30	AM PM	SALAD GREENS ROOT CROPS
GF104 SWITZER	JUNE 6	AM PM	BRASSICAS CUCURBITS
GF105 SWITZER	JUNE 13	AM PM	WEEDS + THE ART OF HOEING WORKING WITH WATER
GF106 SWITZER	JUNE 20	AM PM	FARM EQUIPMENT 101 TRACTOR 101
GF107 HAMIR	JUNE 27	AM PM	NATURAL PEST CONTROL - THEORY NATURAL PEST CONTROL - PRACTICE
GF108 HAVENS	JULY 4	AM PM	CHICKENS CHICKEN COOP
GF109 HAMIR	JULY 11	AM PM	HARVESTING GARLIC HARVESTING AND DRYING HERBS
GF110 CAMPBELL	JULY 18	AM PM	POLLINATION HONEY BEES + NATIVE BEES
GF111 SWITZER	JULY 25	AM PM	WINTER VEGETABLES SEASON EXTENSION
GF112 TBA	AUGUST 1	AM PM	PRESERVING THE HARVEST 10 MILE DIET FEAST



INSTRUCTORS

KENT MULLINIX PHD

Kent is currently is a Sustainable Agriculture and Food Security Specialist with the Institute for Sustainable Horticulture (ISH) at Kwantlen Polytechnic University. He earned a Ph.D. from the UBC in Plant Science specializing in integrated pest management and has over 2 decades of experience in fruit production at Washington State University, Wenatchee.

JOHN SWITZER

John started farming at Glen Valley Organic Farm in 1998. The covers 50 acres and is planted in strawberries, raspberries, blueberries, salad greens, tomatoes, peppers & cucumbers. Food production has always been in John's blood, even as he worked as a ship builder for 20 years in North Vancouver. After working on various organic farms in the Fraser Valley, John joined Glen Valley Organic Farm 10 years ago and his dreams of growing food, training young people, and making a living were met. John is a skilled horticulturalist and budding mycologist with years of experience as a carpenter and welder.

ARZEENA HAMIR MSC. PAG.

ArZeena Hamir received her Bachelor's Degree in Agriculture from the University of Guelph and her Master's Degree from the University of London, England. After working as the Staff Agrolgist with West Coast Seeds, she started her own organic gardening company, Terra Viva Organics. She currently teaches organic gardening classes for the City of Richmond, Corporation of Delta, and coordinates the Richmond Food Security Society.

HEATHER HAVENS

Heather is an Agricultural and Animal Scientist from OSU and UWRF. In January 2008, Heather relocated here from Portland Oregon. Heather and her husband Aaron procured their two pet hens while living in Portland, where the hens lived happily and legally in their back yard. Since that time, Heather has worked with other citizens to help the Vancouver City Council change the back yard chicken bylaw. Heather taught the local back yard chicken keeping workshop in Richmond BC in Feb 2009.

BRIAN CAMPBELL

Brian is a Certified Bee Master, Master Gardener, and a member of the BC Fruit Testers. Using his extensive experience in managing honey and native bees Brian is active in teaching youth and adults the joys of beekeeping. In addition to being certified in Permaculture Design he teaches for a variety of colleges and programs.